

**Pediatric Health History Form**

CHILD'S NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_

CHILD'S PEDIATRICIAN/PRIMARY CARE PROVIDER:  
\_\_\_\_\_

PRESENT HEALTH CONCERNS:  
\_\_\_\_\_

MEDICINES / VITAMINS:  
\_\_\_\_\_

HERBS / HOME REMEDIES:  
\_\_\_\_\_

ALLERGIES / REACTIONS TO MEDICINES OR VACCINATIONS:  
\_\_\_\_\_

**PREGNANCY & BIRTH**

Is the child yours by:      birth                      adoption                      stepchild                      other:

\_\_\_\_\_

Please, indicate any medical problems during pregnancy.

    none

    other: \_\_\_\_\_

Delivery by:                      vaginal birth                      caesarian

If caesarian, why? \_\_\_\_\_

If premature, why? \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ APGAR score 1 min \_\_\_\_\_ 5 min \_\_\_\_\_

Please indicate any medical problems during the baby's newborn period.

    none                      other \_\_\_\_\_

**NUTRITION & FEEDING**

Was your child breastfed?              No              Yes              If yes, how long? \_\_\_\_\_

Has your child had any unusual feeding/dietary problems?      No              Yes

If yes, specify: \_\_\_\_\_

Milk intake now: Circle type

Cow milk (non-fat    1% fat    2% fat    whole milk) soy milk    rice milk

Average ounces per day (Note: 8 ounces are in 1 cup) \_\_\_\_\_

**SLEEP**

Hours per night: \_\_\_\_\_ Naps (number and length): \_\_\_\_\_ Any sleep problems?  
\_\_\_\_\_

**DEVELOPMENT**

At what age did your child: sit alone \_\_\_\_ walk alone \_\_\_\_ say words \_\_\_\_

Toilet train (daytime) \_\_\_\_\_

Girls only: Age at first menstrual period \_\_\_\_\_

**DENTAL HISTORY**

Has child been seen by a dentist? No Yes If yes, how often \_\_\_\_\_ Date of last visit \_\_\_\_\_

Has child had: filling cap/crown bridge braces other orthodontic work \_\_\_\_\_

**PAST MEDICAL HISTORY**

Has your child had: chickenpox measles mumps  
rubella meningitis tuberculosis (TB)

*Please, bring a copy of your child's immunization record to your appointment*

Please, describe any major medical problems and their dates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Hospitalizations / Operations (with dates): \_\_\_\_\_

Broken bones or severe strains / sprains (with dates): \_\_\_\_\_

Major falls, traumas or other injuries (with dates): \_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY:**

Please, circle any family history of the following (indicate who has/had the condition):

Alcoholism / drug abuse    Heart disease or stroke before age 60    Seizures  
Psychiatric disorder    Thyroid disease    Kidney Disease  
High blood pressure    Bleeding / clotting problem    Birth defect  
Asthma/hay fever/eczema    Inherited/genetic diseases

**SOCIAL HISTORY**

Birthplace: \_\_\_\_\_ Current (or upcoming) grade: \_\_\_\_\_

Who lives at home? Do any of the household members smoke? No Yes

Name	Age	Relationship	Highest Education Level
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are the child's parents: married unmarried separated divorced

If divorced, when? \_\_\_\_\_

Parents' occupations: Mother \_\_\_\_\_ Father \_\_\_\_\_

Child care situation: parents others (specify who and hours per day)

\_\_\_\_\_  
\_\_\_\_\_

Concerns about your child: Alcohol use Tobacco Sexual activity Aggressive behavior

Is violence at home a concern? No Yes Are there guns in the home? No Yes  
 Any concerns about lead exposure? (old home / plumbing / peeling paint) No Yes  
 TV hours daily \_\_\_\_\_ Computer hours daily \_\_\_\_\_ Video games hours daily \_\_\_\_\_

**SCHOOL HISTORY**

Did/does your child attend preschool? No Yes  
 Current grade \_\_\_\_\_ Name of school \_\_\_\_\_  
 Any concerns about school performance? \_\_\_\_\_  
 Any concerns about relationships with:  
 Teachers No Yes \_\_\_\_\_  
 Students No Yes \_\_\_\_\_  
 If over 4 years old, does your child have a best friend? No Yes  
 Sports / exercise: Type \_\_\_\_\_ How often? \_\_\_\_\_  
 How long (minutes) \_\_\_\_\_

**REVIEW OF ORGAN SYSTEMS:**

If child has more than one symptom on a line, circle the relevant one(s).

<u>Constitutional / Endocrine</u> Fever/Chills/Excessive sweating Unexplained weight loss/gain	<u>Gastrointestinal</u> Nausea/Vomiting/Diarrhea Vomiting	<u>Allergy</u> Hayfever/Itchy eyes
<u>Eyes</u> Squinting/ "crossed" eyes/ Asymmetric gaze	<u>Cardiovascular</u> Tires easily with exertion Shortness of breath Fainting	<u>Skin</u> Rashes/Unusual moles
<u>Ears/Nose/Throat</u> Unusually loud voice/Hard of Hearing Mouth breathing/Snoring Bad Breath Frequent runny nose Problems with teeth/gums	<u>Genitourinary</u> Bedwetting Pain with urination Discharge: penis or vagina	<u>Psychiatric/Emotional</u> Speech problems Anxiety/stress Problems with sleep/ nightmares Depression Nail biting/thumb sucking Bad temper/breath holding/ jealousy
<u>Respiratory</u> Cough/Weeze	<u>Neurological</u> Headache Weakness Clumsiness	<u>Blood/Lymph</u> Unexplained lumps Easy bruising/bleeding
	<u>Musculoskeletal</u> Muscle/Joint pain	

The information that I have provided is to the best of my knowledge, true.

I authorize Dr. \_\_\_\_\_ to speak with or request records from other physicians who, now or in the past, have cared for this child.

I authorize the release of correspondences and/or medical records to other medical providers involved in this child's care.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed name \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Date intake reviewed \_\_\_\_\_ Physician's signature \_\_\_\_\_